

The Dead Sea Relaxation Experience

📍 Ein Bokek, Ein Bokek, Israel



Spend a full day at the lowest place on earth. This Dead Sea relaxation tour picks you up from your hotel and drives you through the Judean Desert to the [Dead Sea](#), 430 meters below sea level. Float effortlessly in water that is 8.5 times saltier than the ocean. Cover yourself in mineral-rich black mud that has been used for skin treatments for thousands of years. Soak up the sun, which has the lowest UVB rays on earth at this elevation. Breathe in allergen-free air that is naturally rich in oxygen and bromine.

The Dead Sea relaxation tour is pure relaxation with zero hiking, zero history lectures, and zero rushing. You get 4-5 hours of uninterrupted beach time at one of the best Dead Sea beaches, with showers, changing facilities, and a snack bar on-site.

Along the drive, the Dead Sea relaxation tour passes through the Judean Hills, the Inn of the Good Samaritan, and stops for a photo at the sea level sign, where you can see the desert stretching all the way to ancient Jericho. The descent below sea level is one of the most dramatic landscape changes in Israel.

This Dead Sea relaxation tour operates daily with hotel pickup and drop-off included. No passport, no border crossing, no physical effort required. Just bring your swimsuit and towel.

Tour Facts

Group Size:
30

Language:
English, Spanish, German, French

Duration:
10

Tour Type:
continuous

Tour Itinerary

06:40 AM : Hotel Pickup

Your Dead Sea relaxation tour begins with pickup from your hotel or a central meeting point in your city. Pickup times vary by city: Tel Aviv approximately 06:40 AM, Jerusalem approximately 07:50 AM. Board the air-conditioned bus and settle in for the scenic drive south.

07:30 AM : Drive Through the Judean Hills

The Dead Sea relaxation tour from Tel Aviv leaves the coastal plain and climbs into the Judean Hills. Your guide provides commentary on the landscape, pointing out Bedouin villages, ancient caravan routes, and the transition from Mediterranean to desert terrain. The hills here are the same landscape described in the parable of the Good Samaritan.

Duration
30 Minutes

08:00 AM : Inn of the Good Samaritan

Pass the traditional site of the [Inn of the Good Samaritan](#), the setting for one of the most famous parables in the Bible (Luke 10:25-37). The ancient building now houses a museum of Samaritan, Jewish, and Christian mosaics. The bus slows for a view but does not stop inside.

08:15 AM : Sea Level Photo Stop

The bus stops at the famous sign marking sea level (0 meters). From here, you look out over the vast Judean Desert stretching toward Jericho, the oldest continuously inhabited city on earth. Take photos at the sign before continuing to descend further below sea level.

Duration
15 Minutes

08:45 AM : Descent to the Dead Sea

Continue descending through increasingly barren and dramatic desert landscape. The road drops

rapidly, and your ears may pop as you reach 430 meters below sea level. The Dead Sea appears as a shimmering blue expanse framed by beige and brown desert mountains.

Duration
30 Minutes

09:15 AM : Arrival at Dead Sea Beach

The Dead Sea relaxation tour from Tel Aviv arrives at one of the best Dead Sea beaches. The beach offers showers, changing rooms, sun loungers, and a snack bar. Your guide gives you a briefing on how to safely enjoy the Dead Sea (important tips on avoiding eye contact with the water, not shaving before swimming, and limiting float time to 15-20 minutes per session).

You now have approximately 4-5 hours of free time to enjoy the Dead Sea at your own pace.

Floating: Walk into the water up to waist height and lean back. The extreme salinity (34.2% salt content) creates natural buoyancy that makes it physically impossible to sink. The sensation of effortless floating is unlike anything you've experienced. The mineral-rich water contains magnesium, calcium, potassium, and bromine, which are absorbed through the skin and have been clinically studied for their therapeutic properties.

Mud Treatment: Black Dead Sea mud is available at the beach for free. Scoop it from designated areas and cover your body and face. Let it dry in the sun for 10-15 minutes, then rinse off in the sea or at the showers. The mud contains over 20 minerals that nourish and rejuvenate the skin. People with eczema, psoriasis, and acne report significant relief after Dead Sea mud application.

Sun and Air: The Dead Sea's extreme low elevation means an extra atmospheric layer filters harmful UVB rays, making sunburn less likely (but still wear SPF 30+). The dry air is naturally rich in oxygen and free of pollen and allergens. People with respiratory conditions like asthma often find relief in the Dead Sea atmosphere.

Relaxation: Use the sun loungers, read a book, nap in the shade, or simply sit by the water and enjoy the silence of the desert. The Dead Sea relaxation tour from Tel Aviv is designed for doing as little as possible.

Duration
5 Hours

14:00 PM : Depart Dead Sea

Rinse off, change, and board the bus for the return drive to Tel Aviv. The return route passes through the same Judean Hills landscape, now lit by afternoon sun.

Duration
15 Minutes

14:30 PM : Return Drive

The Dead Sea relaxation tour heads back through the desert and into the Judean Hills. The drive takes approximately 2 hours depending on traffic.

If you're looking for more Israel experiences, check our [Masada and Dead Sea tour](#) which adds the ancient fortress and cable car, our [Jerusalem Full Day Tour](#) for Old City highlights, or our [Bethlehem Jericho and Qasr el Yahud tour](#) for a full day in the West Bank.

Duration

2 Hours

16:30 PM : Drop-off at Your Hotel

Return to your hotel or central drop-off point in your pickup city.